

ABSTRACT OF THE DISCLOSURE

A method for automatically adjusting display quality is disclosed. The method includes the following steps. First, a set of frame data with a set of display timings is provided, wherein the set of display timings has a display resolution. Second, the set of frame data is auto-phased so as to obtain a set of phase data. Then, the display resolution is compared with the pre-stored standard resolutions. When the display resolution corresponds to one of the pre-stored standard resolutions, H-positioning is automatically performed to get a set of H-pos (Horizontal position) data and the set of H-pos data is stored finally.

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